

# Be A Recess Hero!

## Claremont Middle School seeks *Recess Heroes* to Engage Students in Sports Activities During their Lunch Recess

The Claremont Middle School PTA seeks individuals who would engage Claremont Middle School students in sports activities during lunch recess (Monday through Thursday, 11:45 – 12:30). Claremont Middle School is an Oakland Public School located across from the Rockridge Bart Station on College Avenue. We request a commitment of two lunch recess periods per month from February through June 2010.

***Professional Training Provided:*** The Claremont Middle School Recess Heroes will receive professional training from Playworks (formerly Sports4Kids) before interacting with students on the playground.

***Make a Difference in a Young Person's Life:*** When students are engaged in positive play, they learn social skills, gain confidence and develop leadership abilities; positive play improves school climate, results in fewer conflicts, builds positive relationships among students and improves students' focus in classes.

Be a role model in a young person's life, have fun, and become a Recess Hero!

***Interested?*** Contact us at [cmshero@yahoo.com](mailto:cmshero@yahoo.com)

We're a public school in the heart of Oakland's Rockridge neighborhood, serving over 300 students from all over the city.